

THURSDAY

MAY 4

10 A.M. - 1 P.M.

FREE @ THE DRILL HALL

All base-eligible personnel.



Health & fitness

expo

STOP BY THE 6TH ANNUAL MWR HEALTH AND FITNESS EXPO!

- Gather information on local programs.
- FREE health screenings.
- Try out a group exercise class for FREE!
- Enjoy light refreshments.

For more information or interested in participating as a vender, please call Michael or (301) 342-5449.



STAY CONNECTED



NAVYMWRPAXRIVER.COM

@MWRPAXRIVER

@MWRPAXRIVER