

SATURDAYS • 9:30AM - 11:30AM

LIFEGUARD CONDITIONING COURSE

Prep for our Lifeguard Class! Meets January/February 1x/week on Saturdays from 9:30AM-11:30AM. This course covers class fee for March certification class.

Register in-person at NAS Patuxent River's Indoor Pool!

**This class does not determine you will pass the lifeguard course.*

\$325
PER PERSON



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