

CORONAVIRUS OVERVIEW AND RESOURCES



With the news surrounding the most recent coronavirus outbreak (novel coronavirus 2019), ACI Specialty Benefits has compiled some resources to help clarify information and ease concerns.

Basic protective measures

The World Health Organization (WHO) has compiled videos, informational sheets and online resources to help build education and awareness around basic protective measures against the virus. The full list of resources can be found here, and it includes:

- Wash hands frequently using soap and water or an alcohol-based hand rub
- Practice respiratory hygiene including covering mouth with elbow when coughing or sneezing and discarding tissues immediately in a closed bin

- Seek medical attention if experiencing fever, cough and difficulty breathing, and share any travel history with practitioner

For more information from WHO on the coronavirus, visit their full site here. The Center for Disease Control (CDC) also offers a comprehensive overview of facts and travel information here.

EAP support for increased anxiety For anyone experiencing increased anxiety, fear or emotional stress surrounding the coronavirus outbreak, it may help to speak to a professional clinician through your employee assistance program (EAP) provided by ACI Specialty Benefits. ACI's EAP is confidential, free to use for employees, and open to all family members. Call ACI at 800.932.0034 or email eapinfo@acispecialtybenefits.com to learn more about professional EAP support available.