

THE FLEET & FAMILY SUPPORT CENTER



Naval Air Station Patuxent River
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November 2025 WORKSHOP & EVENT SCHEDULE

Registration required please call or email FFSC. Classes are available to all with base access, unless otherwise noted.

	FFSC CLASSROOM	
NOVEMBER 3	EXCEPTIONAL FAMILY MEMBER PROGRAM (EFMP) 101	1100-1200
NOVEMBER 4	LET'S TALK FEDERAL EMPLOYMENT	1000-1200
NOVEMBER 4	MIND BODY MENTAL FITNESS – MINDFULNESS & MEDITATION (MyNavyFamily)	1300-1400
NOVEMBER 5	PRESEP (Active Duty Only)	0900-1130
NOVEMBER 6	OMBUDSMAN ASSEMBLY & ADVANCED TRAINING	1000-1200
NOVEMBER 6	SMOOTH MOVE WITH EXCEPTIONAL FAMILY MEMBERS	1300-1400
NOVEMBER 6	HOME BUYING (Teams)	1400-1530
NOVEMBER 8	FREE MILITARY FAMILY APPRECIATION MOVIE MATINEE (Center Stage Theater)	1230-1530
NOVEMBER 10	PRESEP (Active Duty Only)	0900-1130
NOVEMBER 11	HAPPY VETERAN'S DAY – FFSC CLOSED	0730-1630
NOVEMBER 12	HOW TO SURVIVE THE HOLIDAYS FINANCIALLY	1400-1530
NOVEMBER 14	DOMESTIC VIOLENCE CMT/FAP BREIF	1000-1130
NOVEMBER 18	MIND BODY MENTAL FITNESS – LIVING COVER VALUES (MyNavyFamily)	1300-1400
NOVEMBER 20	DEVELOPING YOUR SPENDING PLAN	1400-1530
NOVEMBER 25	HUNT, FIND, APPLY – EMPLOYMENT WORKSHOP	1000-1200
NOVEMBER 25	MIND BODY MENTAL FITNESS – FLEXIBILITY (MyNavyFamily)	1300-1400
NOVEMBER 27-28	HAPPY THANKSGIVING – FFSC CLOSED	0730-1630



TAP Schedule is on www.tapevents.mils. Please see Command Career Counselor for TAP Class Registration

Note: Classes are subject to change. Please call for the most updated schedule.