

THE FLEET & FAMILY SUPPORT CENTER



Naval Air Station Patuxent River
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August 2026 WORKSHOP & EVENT SCHEDULE

To register for a workshop, call or email FFSC. Classes are available to all with base access, unless otherwise noted.

	FFSC CLASSROOM	
AUGUST 3	EXCEPTIONAL FAMILY MEMBER PROGRAM (EFMP) 101	1100-1200
AUGUST 4	SURVIVOR BENEFIT PLAN (SBP) (Teams)	1400-1530
AUGUST 5	COPING SKILLS (Teams)	0900-1100
AUGUST 5	MASTERING THE CIVILIAN RESUME	1000-1200
AUGUST 5	SAPR ADMINISTRATIVE UVA TRAINING	1300-1500
AUGUST 6	PRESEP (ACTIVE DUTY ONLY)	0900-1130
AUGUST 6	DEPLOYMENT SUPPORT	1000-1100
AUGUST 7	NEW SPOUSE ORIENTATION	0900-1030
AUGUST 8	BACK TO SCHOOL BASH (Outdoor Pool)	1100-1300
AUGUST 10	ANGER MANAGEMENT & EMOTION REGULATION (Teams)	0900-1100
AUGUST 12	MIND BODY MENTAL FITNESS – MINDFULNESS & MEDITATION	0800-0930
AUGUST 12	CAR BUYING (Teams)	1400-1530
AUGUST 13	OMBUDSMAN ASSEMBLY & ADVANCED TRAINING	1700-1900
AUGUST 15	WHAT TO EXPECT BABY SHOWER (Liberty Community Center)	1100-1400
AUGUST 17	LET'S TALK FEDERAL EMPLOYMENT	0900-1100
AUGUST 18	RESILIENCE	1000-1130
AUGUST 19	PRESEP (ACTIVE DUTY ONLY)	0900-1130
AUGUST 19	CONQUERING CIVILIAN INTERVIEWS	1400-1500
AUGUST 20	YOUR MONEY! YOUR RETIREMENT! BRS & TSP	1400-1530
AUGUST 20	HEALTHY RELATIONSHIPS (Teams)	1200-1330
AUGUST 26	SAPR CDO TRAINING	1300-1400
AUGUST 27	JOB SEARCH STRATEGIES	1000-1200
AUGUST 27	SUICIDE PREVENTION CMT (Teams)	1300-1400

TAP Schedule is on www.tapevents.mil. Please see Command Career Counselor for TAP Class Registration

Note: Classes are subject to change. Please call for the most updated schedule.