

THE *Lookout*

Spring 2025


A quarterly event guide for
quality-of-life programs at
NAS Patuxent River & NRC Solomons

**A Special Edition
of the Pax River Press**



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*A Special Edition
of the Pax River Press*

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Welcome To The Lookout

Quality-of-life programs at NAS Patuxent River and NRC Solomons are ready to greet the lighter and brighter spring season with enriching programs for all ages!

This quarterly guide, which is offered as a special edition of the Pax River Press, contains information about recreational and educational opportunities from Morale, Welfare & Recreation (MWR), Fleet & Family Support Center (FFSC), Child & Youth Programs (CYP), MWR Recreational Lodging and more.

Most events and activities are open to all with base access; exceptions will be noted in the guide. Authorized patrons include:

- Active Duty Military, their spouses and dependents
- Reservist Military in an active standing, their spouses and dependents
- Retired Military, their spouses and dependents
- Department of Defense civilian employees
- Department of Defense contract employees

More ways to stay in touch with FFR:

Websites: navymwrpaxriver.com and navymwrsolomons.com

Weekly eNewsletter: Click on the “MWR Newsletter” link in the upper right-hand corner of our websites

Social Media: @MWRPaxRiver (Facebook/Instagram) and @NavyRecreationCenterSolomons (Facebook)

The information in this issue is current at the time of publication. Activities, events, hours of operation, and prices are subject to change without notice.

Photography Policy

NAS Patuxent River / NRC Solomons staff may photograph or video record participants utilizing facilities or participating in recreation programs. These photographs are for the use of NRC Solomons / NAS Patuxent River only and may be used in publications, brochures, pamphlets, flyers or video productions.



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websites



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@NavyRecreationCenterSolomons
Instagram: @mwrpaxriver

SAAMP Proclamation Signing

Kick off Sexual Assault Awareness and Prevention Month with the Fleet & Family Support Center and NAS Patuxent River Commanding Officer Capt. Douglas Burfield. Light refreshments will be served.

Date: April 1

Time: 10:30-11:30 a.m.

Where: Liberty Housing Community Center

Cost: FREE

Who: Open to all with base access

Info: Fleet & Family Support Center at 301-342-4911



NAS Patuxent River Job Fair

Polish your resume and join the Fleet & Family Support Center for this special career-building event featuring dozens of employers.

When: April 2

Time: 10 a.m.-2 p.m.

Where: Liberty Housing Community Center

Cost: FREE

Who: Open to all with base access, especially transitioning military members and military spouses

Info: Email angela.d.armer.civ@us.navy.mil or alessia.contino2.naf@us.navy.mil for more information.



'A Mile in Their Shoes' Run/Walk

Join the Fleet & Family Support Center for a one-mile walk for Sexual Assault Awareness and Prevention Month and learn information and statistics related to this important topic.

Date: April 4

Time: 10 a.m.-1 p.m.

Where: Drill Hall Outdoor Track

Cost: FREE

Who: Open to all with base access

Info: Fleet & Family Support Center at 301-342-4911



'Drive Out Sexual Assault' Scramble Golf Tournament

Tee off in support of Sexual Assault Awareness and Prevention Month at this fun golf outing. Four-person teams. Participants are encouraged to wear teal!

Date: April 10

Time: 9 a.m. shotgun start

Where: Cedar Point Golf Course

Cost: \$10 for all Active Duty members, \$75 for all others (includes golf fees and lunch)

Who: Open to all with base access

Info: Cedar Point Golf Course at 301-342-3597



Spring Break Movie Matinee

School is out for Spring Break and the Center Stage Theater is celebrating with a free family movie! Concessions will be available for purchase.

Date: April 17

Time: Movie will start at 12:30 p.m.

Where: Center Stage Theater

Cost: Movie tickets are free; concessions are available for purchase

Who: Open to all with base access

Info: Community Recreation Office at 301-342-3648



The Great HOP-pening

Join the Community Recreation team for a “HOP-pening” good time with an egg hunt, pictures with Mr. Bunny, arts & crafts, inflatable fun and more! Donations of individually wrapped candy are needed and may be dropped off at the Community Recreation Office during normal business hours.

Date: April 18

Time: 3-6 p.m.

Where: Parade Field

Cost: FREE

Who: Open to all with base access

Info: Community Recreation Office at 301-342-3648

Denim Day Awareness

Stop by and visit with the Fleet Family Support Center for a display and resources in support of Sexual Assault Awareness and Prevention Month.

Date: April 23

Time: 12-2 p.m. during All Hands

Where: Center Stage Theater

Who: Open to all with base access

Info: Fleet & Family Support Center at 301-342-4911

Bingo Night

Stop by the Flight Deck Lounge the fourth Thursday of every month for Bingo and your chance to win awesome prizes!

When: March 27, April 24, May 22

Time: 5-6 p.m.

Where: Flight Deck Lounge

Cost: Free to play Bingo;

food and beverages are available for purchase

Who: Open to all with base access



Info: Cedar Point Golf Course at 301-342-3597

Thank you to First Command for sponsoring this event. The Department of the Navy does not endorse any company, sponsor or their products or services.

Inflatable Race

Take a run through our ninja inflatable course and compete for the best time! Medals will be awarded based on individual times.

When: May 3

Time: 10 a.m.

Where: Drill Hall

Cost: Free for Active Duty/dependents, \$10 per person for all others

Who: Open to all with base access ages 5+.

Registration: Register

in person at the Drill Hall or by calling 301-757-3943.

Info: Drill Hall at 301-757-3943



A Day in New York City Bus Trip

Let's fill a bus for a trip to the Big Apple! See the city's iconic landmarks, explore museums, indulge in shopping or take in a Broadway show. Spend the day in NYC your own way!

Date: May 3

Cost: \$10 for all Active Duty, \$80 for all others

Who: Open to all with base access

Info: Community Recreation Office at 301-342-3648



PAW-casso & Play

Create a one-of-a-kind piece of art with your furry friend! Each dog will also receive a personalized bandana & treat bag to take home! Pets must be fully vaccinated (proof of vaccinations required) and be social around other animals.

When: May 3

Time:

- 10-10:45 a.m.
- 11-11:45 a.m.
- 12-12:45 p.m.
- 1-1:45 p.m.
- 2-2:45 p.m.
- 3-3:45 p.m.
- 4-4:45 p.m.

Where: NRC Solomons Bark Park

Cost: \$5 per pet

Who: All with base access

Registration: Registration will be open April 14-30. Call 401-326-6747 Monday-Friday, 9 a.m.-3 p.m.

Info: NRC Solomons at 401-326-6747

Thank you to Ruff Land Kennels for sponsoring this event.

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Movie Under the Stars

Bring your lawn chairs and blankets for a movie under the stars on our large inflatable outdoor screen. Free popcorn and candy available, while supplies last!

Date: May 23

Time: 9 p.m.

Where: West Basin Marina

Cost: FREE

Who: Open to all with base access

Info: Community Recreation Office at 301-342-3648

Save the Date

- **Summer Reading Program** Begins June 13. Open to all with base access. Win great prizes!
- **Pax River Triathlon:** June 14 at the Pax River Outdoor Pool
- **Freedom Fest:** July 4 at West Basin Marina



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Pax River Aquatics

Indoor Pool: 47382 Keane Rd., Bldg. 458 | 301-342-5960

Outdoor Pool: Cuddihy Rd., Bldg. 1598 | 301-342-4225

MWR Aquatics operates an Indoor Pool at the Drill Hall and an Outdoor Pool on Cuddihy Road. The Indoor Pool is a six-lane, 25-yard facility that offers year-round fitness and leisure swimming for the entire family.

The Outdoor Pool is open seasonally, from Memorial Day weekend through Labor Day. The Olympic-sized facility features a slide, diving board, snack area and kiddie pool.



Drill Hall Indoor Pool

- **Hours of Operation***
- **Monday-Friday**
 - 6 a.m.-1 p.m. Fitness Swim
 - 4-7 p.m. Recreational Swim, Fitness Swim, Lessons
- **Saturday-Sunday** 11 a.m.-4 p.m. Recreational Swim, Fitness Swim, Lessons
- **Federal Holidays** Closed
- **May 27-Aug. 19** Daily 6 a.m.-1 p.m.

**Pool hours of operation are subject to change.*

Swim Fees

Fitness Swim

Fitness swim is offered free of charge during designated times on a first-come, first-served basis. Multiple swimmers per lane will be allowed when capacity allows. Lap lanes may be reduced when other events (i.e. aquatic fitness classes, swim lessons, special events, recreational swim

time) are scheduled. Circle swimming is encouraged when more than two lap swimmers are present in one lane.

Recreational Swim

- Free for Active Duty and dependents
- \$7 per person for authorized patrons
- \$8 per person for guests

Pax River Outdoor Pool

- **Hours of Operation***
- **May 24-Aug. 19**
 - **Monday** Closed
 - **Tuesday-Sunday** 11 a.m.-7 p.m.
- **Aug. 20-Sept. 1**
 - **Monday** Closed
 - **Tuesday-Friday** 4-7 p.m.
 - **Saturday-Sunday & Holidays** 11 a.m.-7 p.m.

**Pool hours of operation are subject to change.*



Swim Fees

Active Duty/Dependents

- Free

Retired Military/Dependents, DoD Civilians & Contractors

- Lap Swim: FREE
- Retired Military/DoD: \$7 per person
- Eligible Guests: \$8 per person
- Family Monthly Pass: \$125 (up to family of 6)
- Family Season Pass: \$250 (up to family of 6)

NAS Patuxent River Swim Lessons

Join American Red Cross aquatic instructors in private one-on-one or group lessons. Please note that classes are subject to cancelation due to adverse weather conditions that pose a safety hazard to participants and staff (thunder/lightning/sustained high winds/water clarity due to rain). Classes that are canceled by MWR will be made up at the next scheduled class.

Pax River Outdoor Pool Group Swim Lessons

When: Tuesday, Wednesday, Thursday, Friday

- June 17-June 27
- July 8-18
- July 22-Aug. 1
- Aug. 5-15

Time:

- 9:30-10 a.m. Level 1 or Level 2
- 10:15-10:45 a.m. Preschool or Baby & Me
- 5-5:30 p.m. Level 1 or Level 2
- 5:40-6:10 p.m. Level 3 or Level 4
- 6:20-6:50 p.m. Level 5/6 Combo or Level 3/4 Combo

Where: Pax River Outdoor Pool

Cost: \$60 E1-E5, \$75 all others

Who: All with base access

Registration:

- **Early Bird registration** will begin May 5, Monday-Friday, 9 a.m.-4 p.m. at the Drill Hall Sports & Fitness Office.
- **General registration** will be held beginning May 31, Tuesday-Sunday, 11 a.m.-6:45 p.m. at the Outdoor Pool.

Info: Drill Hall at 301-757-3943

Pax River Outdoor Pool Private / Semi-Private Swim Lessons

When:

- June 17-20
- June 24-27
- July 8-12
- July 15-18
- July 22-25
- July 29-Aug. 1
- Aug. 5-8
- Aug. 12-15

Time:

- 9:30-10 a.m.
- 10:15-10:45 a.m.
- 12:15-12:45 p.m.
- 1-1:30 p.m.
- 1:45-2:15 p.m.
- 2:30-3 p.m.
- 3:15-3:45 p.m.
- 4-4:30 p.m.
- 4:45-5:15 p.m.

Where: Pax River Outdoor Pool

Cost:

- **Private** (one-on-one, 4 lessons): \$100 E1-E5, \$110 all others
- **Semi-Private** (one-on-two, 4 lessons): \$150 E1-E5, \$160 all others

Who: All with base access

Registration:

- **Early Bird registration** will be held May 5, Monday-Friday, 9 a.m.-4 p.m. at the Drill Hall Sports & Fitness Office.
- **General registration** will be held beginning May 31, Tuesday-Sunday, 11 a.m.-6:45 p.m. at the Outdoor Pool.

Info: Drill Hall at 301-757-3943

Class Descriptions

Baby & Me (6 -36 months) This class offers a parent/child experience to familiarize infants with the water. Participants will work on getting in and out of the water using cues and holds that parents will use to establish trust and comfort. A parent is required to be in the water with the infant throughout the class. The infant will NOT learn how to be “waterproofed,” but families will learn how to incorporate water in a safe and fun environment.

Preschool (Ages 3-5 years) A parent, or other participant at least 16 years of age, is required to be in the water with the preschooler throughout each class. All Preschool-level classes incorporate games and activities to encourage a fun and safe swimming experience.

- **STEP 1:** For children who are being exposed to a swim class for the first time.
- **STEP 2:** For children who are continuing their swim training. Participants at this level have successfully completed the Preschool Step 1 swim course.
- **STEP 3:** For children who are continuing their swim training. Participants at this level have successfully completed the Preschool Step 2 swim course.

Level 1: Water Exploration This class is designed to help participants become familiar in the water, introduce basic rescue skills and teach water safety.

Level 2: Primary Skills In this class, participants will learn to float without support, recover to a standing position, learn basic locomotive skills and expand upon the basic rescue skills learned in Level 1.

Level 3: Stroke Readiness Building on the skills learned in Level 2, this class teaches the fundamentals of treading water, front and back crawl, introduces elements of the backstroke and additional safety skills.

Level 4: Stroke Development This course helps swimmers develop confidence and increase endurance using familiar strokes and teaches the breaststroke, sidestroke and butterfly (dolphin kick). It also focuses on treading water as a safety skill.

Level 5: Stroke Refinement In addition to teaching stroke coordination and refinement, this level also introduces swimmers to advanced safety skills, open turns, feet-first surface and poolside dive techniques.

Level 6: Stroke Proficiency This class will focus on individual stroke refinement, allowing greater power, ease and efficiency.



Cedar Point Golf Course

23248 Cedar Point Rd., Bldg. 2630 | 301-342-3597



Cedar Point Golf Course offers a par 72 championship layout that stretches 6,714 yards from the longest tees. The course features well-bunkered greens with narrow, tree-lined bermudagrass fairways and spectacular views of the Chesapeake Bay and Patuxent River. The course is open year-round, weather permitting, to those with base access – hours are adjusted seasonally.

Hours of Operation

- **Monday** 11 a.m.-Dusk
- **Tuesday-Friday** 9 a.m.-Dusk
- **Saturday, Sunday & Holidays** 8 a.m.-Dusk

Driving range closes at 4 p.m. on Sundays.

Course Amenities

- Fully stocked Pro Shop
- PGA instruction
- Club repair services
- Two practice greens
- Two practice fairways
- Target green

- Driving range
- Food and beverage options at Mulligans Grill

Tee Times

- Call: 301-342-3597
- Online: <https://bit.ly/3NvAlbL> or scan the QR code
- Active Duty patrons can book tee times up to 4 days in advance. All other classifications can book up to 3 days in advance.

Walk-ins are accepted, subject to availability.



Driving Range

Driving range tokens are available for purchase in the Golf Shop during regular hours of operation. Please note that the driving range closes at 4 p.m. on Sundays.

- Small bucket (approximately 25 balls): \$4
- Medium bucket (approximately 50 balls): \$6
- Large bucket (approximately 75 balls): \$8



Instruction

Private and group lessons with Cedar Point Golf Course's certified PGA Professional can help improve your game and make golf more enjoyable! 30-minute, 60-minute and playing lessons are available to all with base access.



For rates and to schedule online, visit <https://www.pga.com/coach/johnmalinowski> or scan the QR code. Or call 301-342-7391.

Outings

Hold your next outing or tournament at Cedar Point Golf Course! Your group will be treated to championship golf, excellent practice facilities, food and beverage options and ample indoor and outdoor meeting space.

Our PGA professional staff has decades of experience managing group functions of all sizes and will expertly handle the details of your event so that you can relax and enjoy your round. Prime dates are filling fast – for more information or to schedule an event, call 301-342-3597.

Rates

	Greens Fees				Cart Fees		Passes	
Rank	18 Holes Weekday	18 Holes Weekend	9 Holes Weekday	9 Holes Weekend	Cart 18 holes	Cart 9 Holes	10-Round Pass	50-Round Pass
E1-E5	\$20	\$22	\$11	\$12	\$18	\$12	\$190	\$800
E6 & above	\$28	\$30	\$16	\$17	\$18	\$12	\$270	\$1200
Retired	\$30	\$32	\$18	\$19	\$18	\$12	\$290	\$1300
DoD Civilian	\$35	\$37	\$19	\$20	\$18	\$12	\$340	\$1550
Civilian/Contractor	\$37	\$39	\$20	\$23	\$18	\$12	\$360	\$1650
Juniors (Under 16)	\$12	\$12	\$6	\$6	---	---	---	---

Drill Hall

47382 Keane Rd., Bldg. 1495 | 301-757-3943



The Drill Hall is the center of indoor recreation at Patuxent River and offers a range of courts and fitness equipment for all individuals with base access. Military personnel, DoD Civilian employees and family members may use the facilities in the Drill Hall at no charge. Contract employees must purchase an MWR membership to enter the Drill Hall.

24/7 Drill Hall Access

The NAS Patuxent River Drill Hall offers additional, non-monitored hours to its regular hours of operation, expanding access to authorized Drill Hall patrons to 24 hours a day, 7 days a week.

Staffed Hours of Operation

- **Monday-Friday** 5 a.m.-8:30 p.m.
- **Saturday** 9 a.m.-5 p.m.
- **Sunday** 10 a.m.-4 p.m.
- **Federal Holidays** 9 a.m.-5 p.m.

Unstaffed Hours of Operation (Registration Required)

- **Monday-Friday** 8:30 p.m.-5 a.m.
- **Saturday** 5 p.m.-9 a.m.
- **Sunday** 4 p.m.-10 a.m.
- **Federal Holidays** 5 p.m.-9 a.m.

Registration for 24/7 Access

Authorized patrons wishing to use the Drill Hall during unmonitored hours must request access in advance.

Registration may be done at the Drill Hall Monday-Friday, 10 a.m.-4 p.m. Patrons may also complete the **Physical Activity Risk Factor Questionnaire, Unstaffed Fitness Center Registration and Hold Harmless Agreement, and the Standard Operating Procedures for NAS Patuxent River 24-7 Unmanned Fitness Spaces** (all available online at <https://bit.ly/3rtvu8w> or by scanning the QR code) and drop them off at the Drill Hall Sports & Fitness Office.

Please note that during unstaffed hours of operation, access to the saunas and pool is prohibited.

Drill Hall Features

- Treadmills
- Ellipticals
- Stairmill
- Upright, recumbent & spin bikes
- Assault bike
- Concept 2 rowers
- Cable machines
- Full line of Life Fitness strength machines
- Auxiliary free weight room with squat rack, leg press, 3-way Olympic bench, dumbbells up to 50lbs with benches, and hip thrust machine



- Basketball, volleyball, racquetball & tennis courts
- State-of-the-art Navy Operational Fitness and Fueling System (NOFFS) Zone with equipment designed for peak human performance
- Family-friendly workout room

The Drill Hall also operates a paintball course. Equipment is available for rent; paintballs must be purchased on site. Call for current hours of operation and fees.



Sports Leagues

Intramural Softball

Grab some friends or coworkers and join MWR Fitness for a fun season of softball! A coaches' meeting will be held on April 2.

When: Season begins April 28

Where: Drill Hall

Cost: Free for Active Duty & dependents, \$75 per person for the season for all others, 50% off for military retirees

Who: All with base access ages 18+

Registration: Register your team at the Drill Hall by April 6.

Info: Drill Hall at 301-757-3943

Thank you to USAA for sponsoring this program. The Department of the Navy does not endorse any company, sponsor or their products or services.



Group Fitness Classes

Group classes make fitness more fun! Classes are held both in the Drill Hall and in the Energy Zone, located right next door. Classes are free for Active Duty/Reserve and their dependents and Retired Military. For all other eligible patrons, including DoD civilians and contractors, each class is \$5, 10 classes are \$35 and 20 classes are \$60. Passes can be purchased in the Drill Hall Fitness Office. No registration required – just drop in! Call 301-757-3943 for more information.

NOFFS Aquatics

With a mission to enhance physical readiness and performance of the individual through an aquatic-based workout, this class combines swimming, strength training and conditioning exercises to optimize performance, reduce injury risk and promote overall well-being. All fitness levels are welcome as modifications and variation options will be provided to ensure a safe and challenging workout.

When: Mondays

Time: 8 a.m.

Where: Drill Hall Indoor Pool

Yoga Fusion

This dynamic class combines the principles of traditional yoga with elements of Pilates, dance and strength training. Each mindful movement will cultivate presence and awareness through slow, controlled movements and deep breathing. All fitness levels are welcome as modifications and variation options will be provided to ensure a safe and challenging practice.

When: Mondays, Wednesdays

Time: 11:30 a.m. (Mondays), 4:30 p.m. (Wednesdays)

Where: Energy Zone



Mission FIT (Functional Interval Training)

This class, geared for Active Duty, uses functional movements through intervals to get your heart pumping! It will help improve your functional performance with full-body movements that increase core stability and total-body strength and conditioning.

When: Mondays, Tuesdays, Wednesdays, Thursdays

Time: 3 p.m.

Where: Court 2 - Drill Hall

HIIT the Erg

Get a heart-pumping workout targeting both cardiovascular and muscular endurance. This high-intensity, full-body interval training incorporates rowing with strength training using body weight and other equipment with short bursts of cardio on the erg. It's suitable for all levels – work at your own pace and accommodate the workout to suit your level of intensity.

When: Tuesdays, Thursdays

Time: 11:30 a.m.

Where: Court 2 - Drill Hall

Moms & Dads on the Move

This fun class includes cardio training, strength work and flexibility. Formats will include circuit training, boot camp workouts and more. Kids are welcome! (Children must be supervised by an accompanying adult at all times.)

When: Tuesdays, Thursdays

Time: 9:30 a.m.

Where: Court 2 - Drill Hall



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**May 9, June 27, October 17,
December 12**

3 days 2 nights: Check-in Friday, Check-out Sunday

\$10

**GIFT CERTIFICATE
INCLUDED!**



NAS Pax River / 47384 Keane Rd., Bldg. 2655
(301) 342-3648 / www.navymwrpaxriver.com

*Purchase at the Community Recreation Office.
Tickets subject to availability. Transportation not included. Open to all with base access.*

  [mwrpaxriver](https://www.facebook.com/mwrpaxriver)

21993 Bundy Rd., Bldg. 2090 | 301-342-4911



The Fleet & Family Support Center recognizes that being in the military is a lifestyle that presents unique challenges and opportunities for service members and their families. FFSC workshops and seminars are open to active duty and retired military personnel and their family members, and if space is available, DoD employees, their spouses and contract employees. Services include:

- Employment Services & Transition Assistance Program
- Counseling & Prevention
- Emergency Preparedness
- Exceptional Family Member Program
- Personal Financial Management
- Life Skills
- Deployment Support
- Relocation Assistance Program



- New Parent Support Program
- Sexual Assault Prevention & Response Program
- Navy Family Ombudsman

Contact Information

General Information & Services and Counseling & Advocacy

- 301-342-4911 or NASPAXFFSC@us.navy.mil

Sexual Assault and Response Program (SAPR)

- Uniform Victim Advocate 24/7: 301-481-1057
- Civilian Victim Advocate 24/7: 540-376-8858
- Sexual Assault Response Coordinator 24/7: 301-580-8212
- DoD Safe Helpline 24/7: 1-877-995-5247
- CATCH a Serial Offender Program: <https://www.sapr.mil/CATCH>



Events

April is Sexual Assault Awareness and Prevention Month (SAAPM). The 2025 theme continues to be “Step forward. Prevent. Report. Advocate.” Several events will be held around base to bring awareness and create conversations about how we can continue to prevent sexual assault. See the “Special Events” section of this publication for more details!

- April 1 – Proclamation Signing
- April 4 – ‘A Mile in their Shoes’ Walk
- April 10 – SAAPM Golf Tournament
- April 23 – Denim Day Tabling
-

World Autism Awareness Day is April 2. Join the Exceptional Family Member Case Liaison at the Health Clinic on April 3 from 1-2:30 p.m. for more information and resources.



Hurricane season begins May 1. The Fleet & Family Support Center serves as an Emergency Family Assistance Center, the central location for members of the Navy family to receive supportive services in the aftermath of a disaster. When an emergency occurs, our FFSC staff and emergency response partners come together to connect families with the resources they need to get back to a mission-ready status.



Make sure you’re hurricane-ready by preparing a basic emergency supply kit. FEMA recommends the following:

- Water and non-perishable food for several days
- Extra cell phone battery or charger
- Battery-powered or hand crank radio that can receive NOAA Weather Radio tone alerts and extra batteries
- Flashlight and extra batteries
- First aid kit
- Whistle to signal for help
- Dust mask (to help filter contaminated air) and plastic sheeting and duct tape (to shelter in place)
- Moist towelettes, garbage bags and plastic ties for personal sanitation
- Non-sparking wrench or pliers to turn off utilities
- Can opener (if kit contains canned food)
- Local maps

To learn more, visit. www.ready.gov.

May is Mental Health Awareness Month. Join the FFSC at the Navy Exchange on May 1 from 11 a.m.-1 p.m. for a special event featuring community resources, food and “Chalk the Walk” opportunities where we’ll be decorating sidewalks with messages of hope and encouragement. Stay tuned for additional details!

NEW! Ruck Club for Resilience

Join the Fleet & Family Support Center for a bi-monthly trail walk as we ruck to build resilience - because strength isn’t just physical! Every stop, every load and every challenge prepares us to handle life’s demands with confidence and grit.



Walks will be held on the 2nd and 4th Thursday of every month at 10 a.m., April 10-Sept. 25. Ruck locations will be at NAS Patuxent River and will vary each session. All fitness levels are welcome - trails will not exceed 3-4 miles. Add a weighted ruck/backpack (optional) for a more challenging walk!

To register, please call the Fleet & Family Support Center at 301-342-4911 prior to the walk in which you plan to participate. Meeting location and other pertinent information (weather, trail conditions, etc.) will be shared before each walk.

Open to all with base access!

Navy Ombudsman Support Program

Navy Ombudsmen are key resources for family members, particularly during deployments. They serve as a liaison between the Command team and families within the Command by:

- Providing information and referrals to assist families with concerns or issues.
- Regularly communicating and distributing information to and from the Command and the unit's family members.
- Keeping the Command informed regarding the overall health, morale and welfare of the families in the Command.

Find Your Ombudsman at NAS Patuxent River

Ombudsman Coordinator: Alessia Contino
alessia.contino2.naf@us.navy.mil
301-342-1345

Assembly Chair: Kayla Favara

- paxombchair@gmail.com
- 240-465-5165

NAVAIR: Vacant

VX-23: Vacant



NTWL/VXS-1: Kayla Favara

- ntwlombudsman22541@gmail.com
- vxs1ombudsman@gmail.com
- 202-465-5165

HX-21: Laura Night

- ombudsmanHX21@gmail.com
- 240-718-4786

VQ-4: Amanda Browne

- vq4ombudsman.det@gmail.com
- 504-628-4977

TPS/UX-24: Angela Zepeda

- ux24ombudsman@gmail.com
- tpsombudsman@gmail.com
- 808-913-4918

NAS PAX: Jessica Ausem, Amber Lingelbach

- naspaxriveromb@gmail.com
- paxproombuds@gmail.com
- 240-587-3029

NMC: Vacant

ASTC: Vacant

FRC: Amber Fake

- frcpaxombudsman@gmail.com
- 240-561-5723

VX-1 / VUQ-10: Felicia Barrows

- vx1ombuds@gmail.com
- vuq10.ombudsman@gmail.com
- 240-561-3818

NMRTC: Shanell Ringkamp

- shanell.c.ringkamp.mil@health.mil
- 301-247-3425

NAWCAD: Vacant

VX-20: Nikki Aiu

- vx20bud@gmail.com
- 443-537-9224





VOLUNTEERS NEEDED!

The Fleet & Family Support Center is looking for volunteers to assist with a variety of tasks. You'll provide an important service AND gain valuable work experience!

LEARN NEW SKILLS • MEET NEW PEOPLE

GAIN CAREER EXPERIENCE

**ESTABLISH NETWORK
CONNECTIONS**



**SIGN UP
ONLINE**



The
Fleet & Family Support
Center

FOR MORE INFO CONTACT:

Alessia Contino
Work and Family Life Specialist
Fleet & Family Support Center, NAS Patuxent River
301-342-1345 • alessia.contino2.naf@us.navy.mil



Campgrounds at NAS Patuxent River



46970 Bauhof Rd. | 301-342-3573



NAS Patuxent River offers three different campgrounds that are open year-round and provide opportunities for fishing, boating, swimming, picnicking, golf or just relaxation!

A valid eligibility ID card is required to make reservations. Please note that SECNAV 5512 must be completed for overnight, unaffiliated guests.



Hogs Point Campground

- 4 primitive campsites
- Reservations can be made at recreation.gov.

Paradise Grove Campground

- 12 primitive campsites
- Reservations can be made at recreation.gov.

Goose Creek Campground

- 14 sites with water/electric that can accommodate RVs 30-40 feet
- 20 primitive tent/RV sites (no water or electric) that can accommodate a small camper – waterfront sites available!
- Comfort station
- Walking distance to beach, fishing and crabbing areas
- Reservations can be made by calling the West Basin Marina at 301-342-3573, online at <https://getdodlodging.net/property/Goose-Creek-Campgrounds>, or by calling 1-877-NAVY-BED.



West Basin Marina

46970 Bauhof Rd. | 301-342-3573



The West Basin Marina is a year-round facility offering pier and floating slips with water and electrical hookups. There is a pump-out station and a bathhouse with showers and laundry. The marina also offers a boat ramp, dry storage and kayak, canoe and SUP rentals.

Hours of Operation

Daily 7 a.m.-4:30 p.m.

Berthing & Dry Storage

Slips will be assigned for annual occupancy as available through the Marina Office. The Marina Manager has the authority to reassign mooring as necessary to provide the maximum use of the slips and dry storage. The standby limit is six months. Priority for reservations is as follows, based on the date of applications: 1) Active Duty and

Reserve, 2) Retired Military, and 3) active and retired DoD civilians.

Annual contracts for slips and storage are due on April 1 for current contract holders.

Kayak, Canoe & SUP Rentals

Rentals are available daily, 8 a.m.-4 p.m., from April through October (weather permitting). Life jackets and paddles are included with rentals. To reserve, contact the West Basin Marina at 301-342-3573.

Canoe	\$20/day
Kayak	\$20/day
Tandem Kayak	\$20/day
Paddle Board	\$20/day

One-Year Contract Slip Rental with water & electric/ft.	\$80
Seasonal Contract Slip Rental (Apr-Oct) with water & electric/ft.	\$60
Monthly Contract Slip Rental with water & electric/ft.	\$10
Transient Per Night Authorized Patrons	\$44
Dry Storage Per Year	\$475

Rassieur Youth Center

46870 Tate Rd., Bldg. 2815 | 301-342-1694



The Rassieur Youth Center provides school-age children ages 5-17 with a fun and educational place to call their own. The Youth Center is home to the Boys and Girls Club of America programs as well as 4H programs. Before-school and after-school programs are available.

Eligibility

The Rassieur Youth Center is open to children of Active Duty service members, active reservists, Department of Defense employees, and DoD contractors. The sponsor must provide proof of eligibility and employment.

Apply for School-Age Care

Military families seeking childcare within Naval District Washington can make a request online at MilitaryChildCare.com, a DoD centralized website that allows families to search for and request care, manage their requests, and update their profile online.

Simply create an account online at MilitaryChildCare.com, then search the system for the childcare options that best fit your needs and submit your request(s). The program will contact you when space becomes available. For questions or support, call 855-696-2934.

Hourly Care

Hourly childcare is now available at CYP childcare facilities! The cost of care is \$8 per hour with a 2-hour minimum.

Existing families can make reservations using CYP Online Services at <https://myfr.navyaims.com/ndwcymys.html>. If the desired date/time is not available, please call the program to be added to the hourly care waitlist or check the CYP Online Services website periodically for changes in availability.

Families new to the CYP program are asked to contact the Rassieur Youth Center at 301-342-1694.

The Teen Center at the Rassieur Youth Center

The Teen Center at the Rassieur Youth Center offers a time for teens only every evening from 2-6 p.m. to socialize through art projects, culinary classes, gardening, video games and more. Additional field trips, events and activities are planned throughout the year.

Boys and girls who are least age 12 and in 7th grade through age 18 and in 12th grade with base access are eligible for the Teen Center program.

Enrollment in the Teen Center is free and registration is accepted year-round. Please contact the Teen Center at NASPAX_TC@us.navy.mil or 301-342-1694 for registration information.



Child Development Centers

CDC 2030 | 22017 Bundy Rd., Bldg. 2030 | 301-342-7636

CDC 2813 | 22027 Cuddihy Rd., Bldg. 2813 | 301-342-3636

NAS Patuxent River is home to two Child Development Centers (CDCs) that provide full-day early care and education services for children ages 6 weeks through preschool (or until the child enters kindergarten) in a center-based learning environment.

Both centers are accredited or pursuing accreditation from the National Association for the Education of Young Children. The Center also holds Department of Defense certification and participates in the USDA Child and Adult Care Food Program for breakfasts, lunches and afternoon snacks.

CDC professionals use The Creative Curriculum and Teaching Strategies to provide developmentally appropriate activities that nurture children socially, emotionally, physically and intellectually to reach child development milestones and school readiness skills.

Eligibility

CDC facilities are open to children of Active Duty service members, active reservists, Department of Defense employees, and DoD contractors. The sponsor must provide proof of eligibility and employment.



Apply for Child Care

Eligible families seeking childcare within Naval District Washington can make a request online at MilitaryChildCare.com, a DoD centralized website that allows families to search for and request care, manage their requests, and update their profiles online.

Simply create an account online at MilitaryChildCare.com, then search the system for the childcare options that best fit your needs and submit your request(s). The program will contact you when space becomes available. For questions or support, call 855-696-2934.

Hourly Care

Hourly childcare is now available at CYP childcare facilities! The cost of care is \$8 per hour with a 2-hour minimum.

Existing families can make reservations using CYP Online Services at <https://myffr.navyaims.com/ndwcym.html>. If the desired date/time is not available, please call the program to be added to the hourly care waitlist or check the CYP Online Services website

periodically for changes in availability.

Families new to the CYP program are asked to contact NAS Patuxent River Child Development Centers at 301-342-7636 or 301-342-3636.



School Liaison

202-330-3093 | NASPAX_SL@us.navy.mil.



The School Liaison works to connect commanders, educators and parents to ensure smooth transitions between schools and positive educational experiences. The School Liaison also offers classes and other resources to help people on their educational journeys!

Workshops & Classes

Everything You Need to Know About the GI Bill

Do you have questions about the GI Bill? This class will feature a Master Benefits Advisor from the Department of Veterans Affairs and will cover how to use the GI Bill and transfer it to dependents, monthly housing allowances, the Yellow Ribbon Program and more.

When & Where:

- April 7, 5-6 p.m., virtual via Teams or in person at the Fleet & Family Support Center

Who: Adults ages 18+

Register: Register online at <https://www.navy.mwrpaxriver.com/slo-webinar-registration> or contact the School Liaison at 202-330-3093 or NASPAX_SL@us.navy.mil.

Getting Ready for Kindergarten

There's a lot to look forward to in kindergarten, and there's a lot to do to get ready! Learn what your child needs to know before starting school, including where and when to register, and get tips on how to prepare for the first day. Multiple sessions offered - choose the one that best fits your schedule and preferred platform.

When & Where:

- April 13, 12-1 p.m., virtual via Teams
- May 7, 11 a.m. -12 p.m., in person at the Fleet & Family Support Center
- May 15, 12-1 p.m., virtual via Teams

Who: Parents/guardians with base access whose children will soon be entering kindergarten

Register: Register online at <https://www.navy.mwrpaxriver.com/slo-webinar-registration> or contact the School Liaison at 202-330-3093 or NASPAX_SL@us.navy.mil.

April: Month of the Military Child

Throughout the month of April, installations, schools and communities will hold special events to honor military children. These events will be designed to recognize and celebrate military children for the sacrifices they make, the challenges they overcome and the contribution they make to their families and the military community.

Be on the lookout for Month of the Military Child events at NAS Patuxent River:

- Poster contest for grades K-12
- Proclamation from the Commanding Officer
- Purple Up! Join NDW in wearing purple on April 23 to show support for military kids.

Summer Camps

Summer is just around the corner! What will your child(ren) do? If you're interested in summer camps, now is the time to sign up! There are a variety of camps in our community offering everything from academic enrichment and athletic development to personal hobbies and special interests. Find one that will engage and inspire your child. If you need assistance, contact the School Liaison at 202-330-3093 or NASPAX_SL@us.navy.mil. To register for Pax River CYP summer camp, visit www.militarychildcare.com.

Save the Date: Back to School Bash & Splash

The Back to School Bash & Splash returns on Saturday, Aug. 9 from 11 a.m. – 1 p.m. Stay tuned for more details about this fun and FREE family event!



SPRING BREAK CAMP

REGISTER ONLINE AT WWW.MILITARYCHILDCARE.COM

Spring Break Camp is an extension of the SAC program offering full day care when school's out.

- Open to all with base access.
- Spaces are limited. Availability and eligibility priorities apply.
- For more information on Navy priorities and eligibility, go to www.militarychildcare.com

YOUTH ACTIVITIES CENTERS

Annapolis	Bldg. 354	410-293-9396
Dahlgren	Bldg. 470	540-653-8009
Indian Head	Bldg. 441	301-743-5456
PAX	Bldg. 1597	301-342-1694

For more information, please contact your Youth Activities Center.

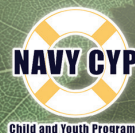
ONLY NEED CARE FOR A FEW HOURS?

During Spring Break Camp our SAC programs offer Hourly Care at a rate of **\$8 per hour with a 2-hr minimum.**

Book your Hourly Care reservation at <https://myffr.navyaims.com/wbWSC/nrndwcYms.wsc/wbsplash.html?wbp=1> or contact your local Youth Activities Center to register.



MILITARY
CHILDCARE dot com



Community Recreation Tickets & Travel Office

47384 Keane Rd., Bldg. 2655 | 301-342-3648



The Community Recreation Office provides discount tickets to your favorite places, including local events, museums, attractions and theme parks such as Universal Orlando Resort and Walt Disney World. The Community Recreation team can also assist with booking your Disney, Universal and Sandals vacations!

Discount ticket offerings include:

- Kings Dominion
- Busch Gardens
- Six Flags
- Hershey Park
- Washington Nationals
- Walt Disney World
- Universal Orlando
- And so much more!



For a full list of discount tickets, visit <https://bit.ly/3Z8brce>. Tickets are available to all with base access!

Great Wolf Lodge 2025 Discount Weekend Packages

Enjoy a weekend at Great Wolf Lodge in Williamsburg, Virginia and save! These special weekend trips include:

- 3 days, 2 nights: check in Friday at 4 p.m. (pre-check in between 12:30-1 p.m. for waterpark access), check out Sunday at 11 a.m. (stay & enjoy the waterpark until closing)
- 3 days at the waterpark
- One standard room – sleeps up to 6 people
- \$10 GWL Gift Certificate for use at the lodge during your stay
- 6 waterpark bands

When:

- May 9, 2025
- June 27, 2025
- Oct. 17, 2025
- Dec. 12, 2025

Cost: \$555

Who: Open to all with base access

Info: Community Recreation Office at 301-342-3648



Community Recreation Office | 47384 Keane Rd., Bldg. 2655 | 301-342-3648



A large, covered picnic shelter with a dark roof and wooden pillars, situated on a grassy field with trees in the background.

MWR Beach House

- Waterfront setting
- Accommodates more than 150 people
- Kitchen & ice machine
- Indoor seating area
- Outdoor covered pavilion
- Barbecue grills
- Softball field & horseshoe pit
- Picnic tables
- Call 301-342-3648 to reserve

Cost: \$250 per day

West Basin Marina Pavilion

- Located at the end of Tate Road at the West Basin Marina
- Picnic tables
- Sand volleyball court
- Grill
- Call 301-342-3648 to reserve

Cost: \$50 per day



Midway Pavilion at the West Basin Marina

- Located at the end of Tate Road at the West Basin Marina
- Covered patio with picnic tables
- Bar area
- Small kitchen with prep area, sink & refrigerator
- Call 301-342-3573 to reserve

Cost: \$50 per day



Paradise Grove Pavilion

- Located on Cedar Point Road
- Picnic tables
- Grill
- Call 301-342-3648 to reserve

Cost: \$40 per day

Harpers Creek Pavilions 1 & 2

- Located on Cedar Point Road
- Picnic tables
- Grill
- Call 301-342-3648 to reserve

Cost: \$25 per day



The Center Stage Theater shows first-run movies at discounted prices, making it an ideal place for spending a relaxing afternoon or evening with your family or friends. A full concession stand is also available!

Cost: \$110 for three hours (non-refundable)

Reservations: Reservations must be made in advance. Call 301-342-3648 to schedule.

Info: Community Recreation Office at 301-342-3648

Ticket Prices

- \$5 ages 12+
- \$4 ages 6-11
- Free for ages 5 & under
- Free for Liberty Card holders

View the current movie schedule at <https://bit.ly/3RswP8u>, or scan the QR code!



Birthday Parties

Birthdays are better at the movies! Host your party at the Center Stage Theater and the movie is free – you'll only pay the facility fee. Select from the Navy movie library with hundreds of titles for all ages.

When: Saturdays

Time: 9 a.m. or 12:30 p.m.



47476 Keane Rd., Bldg 1586 | 301-342-3507



Hours of Operation

Tuesday-Thursday Noon-8 p.m.

Friday and Saturday 8:30 a.m.-8 p.m.

Sunday 9 a.m.-5 p.m.

Federal Holidays Closed

The Auto Skills Center provides services and facilities to the auto hobbyist by offering lifts and stalls, tool rentals and more on a first-come, first-served basis. The center also offers equipment and storage rentals. Open to all with base access!

SERVICES

Battery Charging (per use or per hour)	\$6.25
Brake Turning Rotors (per wheel)	\$18.00
Drum (per wheel)	\$18.00
Stall (without lift, per hour)	\$9.00
Stall (with lift, per hour)	\$10.00
Grease Gun (per use)	\$3.00
Parts Cleaner (per head)	\$10.00
Parts Cleaner (small parts)	\$4.00
Parts Washer (per use)	\$4.00
Tire Changing (per tire)	\$10.00
Tire Plugging (per tire/per plug)	\$6.00
Wheel Balancing (per tire)	\$10.00
Dunking Booth (per day)	\$75.00
BBQ Grill (per day)	\$80.00
Moon Bounce (per day)	\$220.00
Utility Trailer (per day)	\$30.00
Trailer Storage (per foot)	\$3.00
Vehicle Storage (per month, cars only)	\$30.00
Inside Storage (per month)	\$25.00
Auto Resale Lot (per month)	\$30.00



Storage Contracts

Annual contracts for storage are due on April 1 for current contract holders. Please call 301-342-3507 for more information.

Café 300

Strike Zone Bowling Center | 47382 Keane Rd., Bldg. 458 | 301-342-3994



The Strike Zone Bowling Center & Café 300 are temporarily closed for HVAC replacement. Stay tuned for the reopening date this spring!

Regular Hours of Operation

- **Tuesday-Saturday** 12-7 p.m.
- **Federal Holidays** Closed

Café 300 at the Strike Zone Bowling Center offers a fast and convenient dining option at NAS Patuxent River! Whether you're bowling, visiting the Drill Hall, or work nearby, stop by and grab a meal or snack to go, or dine in. Open to all with base access!

The menu includes options including:

- Pizza (whole or by the slice)
- Burgers, sandwiches & wraps
- Hot dogs
- Quesadillas
- Popcorn & soft pretzels
- Cookies & ice cream
- Fountain drinks, adult beverages & bottled water

Center Stage Coffee Shop

Center Stage Theater | 22255 Cedar Point Rd., Bldg. 1495 | 301-342-5033

Hours of Operation

Monday-Friday 7 a.m.-1 p.m.

Federal Holidays Closed

We Proudly Serve Starbucks® is located right inside the lobby of the Center Stage Movie Theater and serves freshly brewed coffee and made-to-order handcrafted blended and espresso beverages, bagels and muffins. Seasonal beverages are also available. Open to all with base access!

Espresso, Coffee & More

- Cafe Latte
- Cappuccino
- Caffe Mocha
- Caramel Macchiato
- White Chocolate Mocha
- Iced Coffee
- Cold Brew Coffee
- Cold Brew with Cold Foam
- Americano
- Iced Brown Sugar Oat Milk Shaken Espresso
- Freshly Brewed Coffee (Regular or Decaf)
- Hot Chocolate

Customization Options

- Espresso Shot
- Venti Iced

- Flavor
- Nondairy

Spring Seasonal Beverages *Available through May 19*

- **Iced Lavender Cream Oatmilk Matcha** - Smooth and creamy matcha served with oatmilk over ice, topped with a subtly sweet floral lavender cream cold foam for an unexpected combination that's springtime in a cup.

- **Lavender Oatmilk Latte** - Smooth Starbucks® Espresso, creamy oatmilk, ice and subtly sweet floral notes from lavender come together for a fresh springtime twist on a latte. Available hot and iced.
- **NEW! Iced Cherry Chai** - Inspired by our favorite spring blooms, an Iced Chai Latte is topped with a cherry-flavored cold foam with subtle floral and almond notes and a crunchy cherry-flavored topping for a springtime twist on a favorite.



Lunch Specials

The Center Stage Coffee Shop serves lunch, too!

- **Hot Dog Special** \$5 Offered Monday-Friday, 10:30 a.m.-1 p.m. Includes a hot dog, medium soda & bag of chips. Add chili or cheese for \$1 more each.
- **Pulled Pork BBQ Sandwich** \$6 Offered Tuesday, Wednesday and Thursday, 10:30 a.m.-1 p.m. Features hot pulled pork served on a bun and topped with BBQ sauce.



Flight Deck Lounge

22103 Mandt Rd., Bldg. 406 | 301-342-3597 (Cedar Point Golf Course)

Hours of Operation

- **Wednesdays & Thursdays** 3:30-8 p.m.
- **Federal Holidays** Closed

The Flight Deck Lounge is a great place to unwind after work, meet with friends and co-workers, or just hang your hat for a traditional good time!

The Flight Deck Lounge features:

- Fully stocked bar including an assortment of draft beer
- Popcorn & pizza by the slice
- Free game room with pool, Foosball, air hockey, table shuffleboard and more!
- Karaoke
- 8 big-screen TVs
- Ample seating
- Historic Naval aviation memorabilia

Book Your Private Event at the Flight Deck

The Flight Deck Lounge is the perfect venue to host your

holiday, Command, retirement or other private function. For food and beverage options, or for more information about availability and rates, please call Cedar Point Golf Course at 301-342-3597.

Game Night at the Flight Deck Lounge

Stop by the Flight Deck Lounge the fourth Thursday of every month from 5-6 p.m. for free Bingo and a chance to win awesome prizes! Food and drinks will be available for purchase.



Mulligans Grill

Cedar Point Golf Course | 23248 Cedar Point Rd., Bldg. 2630 | 301-342-3597

Hours of Operation

- **Monday** 11 a.m.-Dusk
- **Tuesday-Friday** 9 a.m.-Dusk
- **Saturdays, Sundays & Holidays** 8 a.m.-Dusk

Looking for a quick bite before, during or after your round? Stop by Mulligans Grill at Cedar Point Golf Course! Not golfing? No problem! Mulligans is a popular breakfast and lunch spot for anyone with base access.



Grab and go, or dine in. The expansive dining room has plenty of seating inside, or take your meal outside on the patio. Both spots offer spectacular golf course views.

Mulligans Grill is open year-round. Hours are adjusted seasonally. Please note that the golf course and grill may close in inclement weather.



22208 Cuddihy Rd., Bldg. 2818, 3rd Floor | 301-342-3648



The Liberty Program sponsors free and reduced-price recreational programs for military E1-E6 single or unaccompanied Sailors. The purpose of the Liberty program is to provide station military members with improved quality of life by offering a variety of recreation-based activities, both on and off base.

Liberty programs include free monthly meals, holiday parties, trips, movie outings and more!

Hours of Operation

Tuesday-Sunday 2-10:30 p.m.

Upcoming Events

'Down to the Last Buck' Meal

Down to your last buck before pay day? The Liberty Program has you covered with a free meal from a local restaurant!

When: April 19

Time: 6 p.m.

Where: Unaccompanied Housing

Cost: FREE

Who: Open to E1-E6 single or unaccompanied military members

Info: 301-342-3648

Thank you to USAA for sponsoring this event. No Navy endorsement implied.

DO YOU HAVE YOUR **LIBERTY CARD?**

CARD # 00001

NAME: _____

RANK: _____

COMMAND: _____

PCS DATE: _____

The Liberty Card is for E1-E6 Active Duty Sailors only.



**MWR
LIBERTY**

THIS CARD IS FOR USE AT MWR FACILITIES ON BOARD
NAS PAX RIVER.

FREE ACCESS

to ALL MWR Programs
here at NAS Pax River
with your Liberty Card!

**Register at the Liberty Center
in the Barracks or at the
Community Rec Office.**

Open to E1-E6 Active Duty members only.
Valid for entire time stationed at NAS Pax River.
For more information, please call: 301-342-3648



**MWR
LIBERTY**

[VISIT NAVYMWRPAXRIVER.COM](https://www.navy.mwrpaxriver.com)

STAY CONNECTED | [f](#) [@](#) [@MWRPAXRIVER](#)



PROPERTY & RV LOTS **STORAGE**

AVAILABLE FOR RENT!



SECURE LOTS



24 HR ACCESS



VARIOUS SIZES

REGISTER AT WEST BASIN MARINA: 301-342-3573



VISIT NAVYMWRPAXRIVER.COM

STAY CONNECTED |



@MWRPAXRIVER

Strike Zone Bowling Center

47382 Keane Rd., Bldg. 458 | 301-342-3994



Located inside the Drill Hall, the Strike Zone Bowling Center is a modern entertainment complex offering fun for all ages and is the only bowling center in St. Mary's County! The Bowling Center is open to all Active Duty and Retired Military, Reservist Military, DoD employees and family members. Government contractors are permitted but cannot sponsor guests.

Hours of Operation

The Strike Zone Bowling Center & Café 300 are temporarily closed for HVAC replacement. Stay tuned for the reopening date this spring!

Reservations are required. Please call 301-342-3994.

Reserved Bowling

Tuesday-Friday 12-4 p.m.

Saturday 12-4 p.m. Cosmic 4-8 p.m.

Federal Holidays Closed

Fees

- **Reservations are suggested. Please call 301-342-3994.**
- **Tuesday-Friday Reserved** \$4.50 a game per person
- **Saturday Reserved** \$5 a game per person
- **Saturday Cosmic** \$6 a game per person
- **Hourly Rate** \$45 a lane, 6 people per lane (shoes included) **Cosmic Bowling** \$50 a lane, 6 people per lane (shoes included)

Please note that deposits are **REQUIRED** for groups larger than 6 people.

Center Amenities

- 12 lanes
- Food & drinks at Café 300
- Cosmic bowling night
- Bumpers and ramps for younger players
- Leagues
- Birthday & Command parties



Weekly Specials

Active Duty & Families Tuesday Special

Tuesdays, 12-4 p.m.

Active Duty personnel and their family members can bowl \$2 games with \$2 shoe rentals.

Retiree & Families Wednesday Special

Wednesdays, 12-4 p.m.

Military retirees and family members can bowl \$2 games with \$2 shoe rentals.

R.E.D. (Remember Everyone Deployed) Friday Special

Fridays, 12-4 p.m.

Wear red on Fridays from 12-4 p.m. and pay \$2 for shoe rentals. Open to all with base access.

Birthday Parties

Birthdays are more fun when you're bowling! Parties are available Saturdays from 12-2 p.m. or 3-5 p.m. for \$70 per lane (recommended 4 persons per lane) and include:

- 1 hour of bowling
- 1 hour in the party area
- Shoe rentals
- 4 ice cream cups
- 1 large pizza (one topping)
- Pitcher of soda
- Paper products & utensils
- Birthday pin available for an additional charge

Reservations are required at least 21 days in advance at the Bowling Center, and a deposit is required. For more information, please call 301-342-3994.

Lodging Reservations: dodlodging.net | 1-877-NAVY-BED
navymwrsolomons.com | Facebook @NavyRecreationCenterSolomons



Nestled on a peninsula bounded by the picturesque Patuxent River and the Chesapeake Bay and just a short drive from Pax River, NRC Solomons takes full advantage of its historic waterfront location by offering a wide array of lodging and recreational facilities.

Amenities

- Lodging facilities including Historic Waterfront Cottages, Contemporary Cottages, Brick Cottages, cabins and primitive (tent and RV) camping
- Riverside Aquatics Complex (seasonal)
- Riverside Beach (seasonal)
- Kayak, SUP & Corcl rentals (seasonal)
- Point Patience Marina with wet slips, comfort station, dry storage and transient slip rentals
- Sunset Pier with fish cleaning station
- Adventure Zone with camp store, arcade, sports gear issue and billiard & ping-pong tables
- Golf driving range
- 18-hole miniature golf course
- Basketball & tennis courts
- Walking trails

- Soccer & softball fields
- Playgrounds
- Dog parks

Hours of Operation Lodging & Reservations Office 410-326-2924 / 2927

- **Through May 22**
- **Saturday-Thursday** 10 a.m.-5 p.m.
- **Friday** 10 a.m.-6 p.m.
- **May 23-Sept. 1**
 - **Saturday-Thursday** 9 a.m.-6 p.m.
 - **Friday** 9 a.m.-8 p.m.
- **Sept. 2-Oct. 13**
 - **Saturday-Thursday** 9 a.m.-6 p.m.
 - **Friday** 9 a.m.-7 p.m.
- **Oct 14.-May 21, 2026**
- **Saturday-Thursday** 10 a.m.-5 p.m.
- **Friday** 10 a.m.-6 p.m.

Closed Thanksgiving, Christmas and New Year's Day

Club 9 Facility Rentals

Host your wedding, birthday party, baby shower, office team-building event or family gathering at NRC Solomons' Club 9! This waterfront location accommodates indoor and outdoor activities and is open from 9 a.m.-11 p.m. Reservations for Club 9 are available on a per-day basis and can be made at the Lodging Office from 9 a.m. to 4 p.m. Call 410-326-2924 or 410-326-2927 for more information.

Cost:

- **Monday-Thursday** \$200 in season, \$130 off season
- **Friday-Sunday & Holidays** \$225 in season, \$160 off season

Club 9 Features:

- Accommodates 100 people standing & 75 people seated
- Banquet tables & chairs
- Bathrooms & kitchen
- Flat-screen TV & pull-down projection screen
- Central heat & air
- Exterior space with deck, charcoal grill, picnic & dining tables

Outdoor Facility Rentals

Large Pavilion Features:

- Accommodates 200 people standing & 100 people seated
- Covered structure with electricity & lighting
- 15 picnic tables & food serving area
- Charcoal grill
- Access to restrooms
- Volleyball court & horseshoe pit

Cost:

- **Monday-Thursday** \$265
- **Friday-Sunday & Holidays** \$290

Medium Pavilions Features:

- Accommodates 100 people standing and 50 people seated
- Electrical outlets & interior lighting (select pavilions)
- 10-12 picnic tables
- Charcoal grill
- Access to restrooms
- Volleyball court & horseshoe pit (select pavilions)

Cost:

- **Monday-Thursday** \$170
- **Friday-Sunday & Holidays** \$180

Small Pavilion Features:

- Accommodates 50 people standing, 30 people seated



- Electrical outlets & interior lighting
- 6 picnic tables
- Volleyball courts & horseshoe pit
- Access to restrooms

Cost:

- **Monday-Thursday** \$110
- **Friday-Sunday & Holidays** \$125



Boat/RV Storage

In addition to seasonal and transient berthing, Point Patience Marina offers unsecured dry storage for boats & RVs as well as a berthing and dry storage combination for boats.

Wet Berthing

- Annual berthing: April 1, 2025-March 31, 2026
 - 20': \$1500
 - 30': \$1950
 - 35': \$2275
 - 45': \$2925
- Seasonal berthing: April 1-Oct. 31, 2025
 - 20': \$1050
 - 30': \$1438
 - 35': \$1775

Wet/Dry Combo (seasonal berthing: April 1-Oct. 31, 2025 with annual dry storage)

- 20' boats (wet/dry): \$1330
- 30' boats (wet/dry): \$1720
- 35 boats (wet/dry): \$2055

Dry Storage

- Annual unsecured dry storage: \$380 per year
- Daily transient dry storage (not to exceed 14 consecutive days): \$10 per day

For more information, visit navymwrsolomons.com.



Adventure Zone / Camp Store / Point Patience Marina

410-326-2964

Adventure Zone / Camp Store

410-326-6867

- **May 24-Sept. 1**
 - **Daily** 10 a.m.-7 p.m.
- **Sept. 2-Oct 13**
 - **Saturday & Sunday** 11 a.m.-5 p.m.

Closed Oct. 14 through Memorial Day weekend. Support is available year-round at the Administrative Office weekdays 9 a.m.-4 p.m.

Features Available Year-Round

- 18-hole miniature golf course
- Driving range
- Billiard tables
- Ping-pong table
- Gear issue (tennis, basketball & softball equipment loans)
- Tent, camping & picnic equipment rentals
- Board game loans
- Bicycle rentals



Riverside Aquatics Complex

410-326-6867

- **May 24-Sept. 1**
 - **Monday** Closed
 - **Tuesday-Sunday** 11 a.m.-7 p.m.

Closed for the season Sept. 2 - Memorial Day weekend.

Riverside Beach

- **May 24 - Aug. 18**
 - **Daily** 11 a.m.-7 p.m.
 - **Boat Rentals** 12-6 p.m.
- **Aug. 18 - Labor Day**
 - **Saturday, Sunday & Monday** 11 a.m.-7 p.m.
 - **Boat Rentals** 12-6 p.m.

Closed for the season Sept. 2-Memorial Day weekend.





NRC Solomons Swim Lessons

Join American Red Cross aquatic instructors in private one-on-one or group lessons. Please note that classes are subject to cancelation due to adverse weather conditions that pose a safety hazard to participants and staff (thunder/lightning/sustained high winds/water clarity due to rain). Classes that are canceled by MWR will be made up at the next scheduled class.

Riverside Aquatics Complex Group Swim Lessons

When: Tuesday, Wednesday, Thursday, Friday

- June 17-27
- July 8-18
- July 22-Aug. 1
- Aug. 5-15

Time:

- 9:30 a.m.-10 a.m. Level 1 or Baby & Me
- 10:15-10:45 a.m. Preschool
- 5-5:30 p.m. Baby & Me or Preschool
- 5:40-6:10 p.m. Level 1 or Level 2
- 6:20-6:50 p.m. Level 3 or Level 4

Where: NRC Solomons Riverside Aquatics Complex

Cost: \$60 E1-E5, \$75 all others

Who: All with base access

Registration:

Early Bird registration will be held at the NRC Solomons Administration Office May 16 from 10 a.m.-2 p.m.

General registration will be held at the Riverside Aquatics Complex beginning May 27 from 11 a.m.-6:45 p.m.

Info: Site Director at 410-326-6376 or the Aquatic Director any time after Memorial Day weekend at 410-326-6876 or email carrie.ann.m.jay.civ@us.navy.mil.

Riverside Aquatics Complex Private / Semi-Private Swim Lessons

When: Tuesday, Wednesday, Thursday, Friday

- June 17-20
- June 24-27
- July 8-11
- July 15-18
- July 22-25

- July 29-Aug. 1
- Aug. 5-8
- Aug. 12-15

Time:

- 9:30-10 a.m.
- 10:15-10:45 a.m.
- 12:15-12:45 p.m.
- 1-1:30 p.m.
- 1:45-2:15 p.m.
- 2:30-3 p.m.
- 3:15-3:45 p.m.
- 4-4:30 p.m.
- 4:45-5:15 p.m.
- 5:30-6 p.m.

Where: NRC Solomons Riverside Aquatics Complex

Cost:

- **Private** (one-on-one, 4 lessons): \$100 E1-E5, \$110 all others
- **Semi-Private** (one-on-two, 4 lessons): \$150 E1-E5, \$160 all others (students' skill levels must be comparable)

Who: All with base access

Registration:

- **Early Bird registration** will be held at the NRC Solomons Administration Office May 16 from 10 a.m.-2 p.m.
- **General registration** will be held at the Riverside Aquatics Complex beginning May 27 from 11 a.m.-6:45 p.m.

Info: Site Director at 410-326-6376 or the Aquatic Director any time after Memorial Day weekend at 410-326-6876 or email carrie.ann.m.jay.civ@us.navy.mil.

Class Descriptions

Baby & Me (6 -36 months) This class offers a parent/child experience to familiarize infants with the water. Participants will work on getting in and out of the water using cues and holds that parents will use to establish trust and comfort. A parent is required to be in the water with the infant

throughout the class. The infant will NOT learn how to be "waterproofed," but families will learn how to incorporate water in a safe and fun environment.

Preschool (Ages 3-5 years) A parent, or other participant at least 16 years of age, is required to be in the water with the preschooler throughout each class. All Preschool-level classes incorporate games and activities to encourage a fun and safe swimming experience.

- **STEP 1:** For children who are being exposed to a swim class for the first time.
- **STEP 2:** For children who are continuing their swim training. Participants at this level have successfully completed the Preschool Step 1 swim course.
- **STEP 3:** For children who are continuing their swim training. Participants at this level have successfully completed the Preschool Step 2 swim course.

Level 1: Water Exploration This class is designed to help participants become familiar in the water, introduce basic rescue skills and teach water safety.

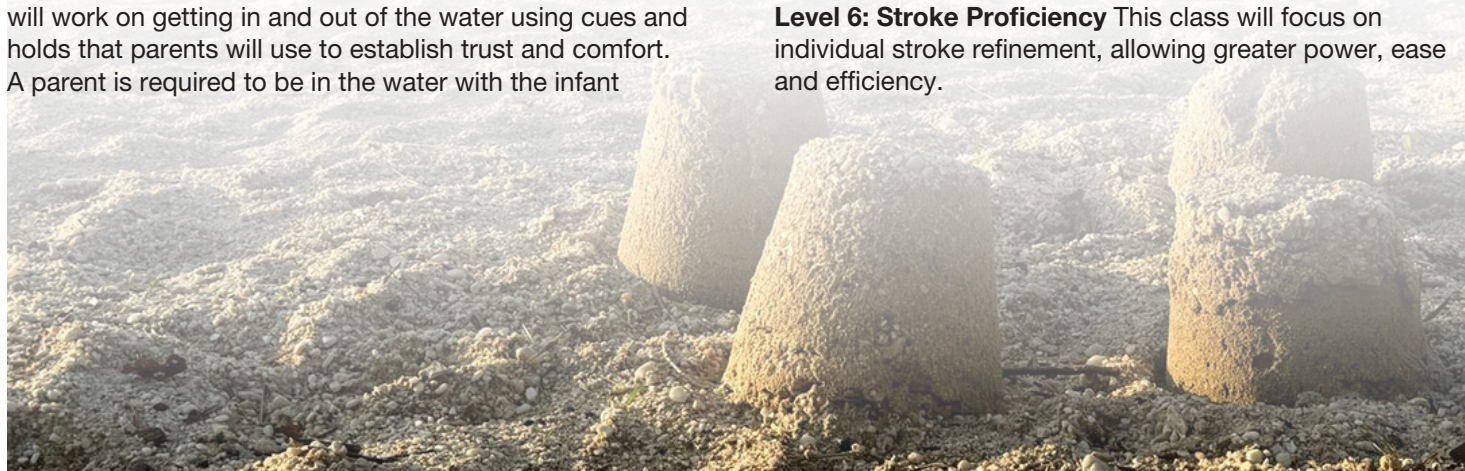
Level 2: Primary Skills In this class, participants will learn to float without support, recover to a standing position, learn basic locomotive skills and expand upon the basic rescue skills learned in Level 1.

Level 3: Stroke Readiness Building on the skills learned in Level 2, this class teaches the fundamentals of treading water, front and back crawl, introduces elements of the backstroke and additional safety skills.

Level 4: Stroke Development This course helps swimmers develop confidence and increase endurance using familiar strokes and teaches the breaststroke, sidestroke and butterfly (dolphin kick). It also focuses on treading water as a safety skill.

Level 5: Stroke Refinement In addition to teaching stroke coordination and refinement, this level also introduces swimmers to advanced safety skills, open turns, feet-first surface and poolside dive techniques.

Level 6: Stroke Proficiency This class will focus on individual stroke refinement, allowing greater power, ease and efficiency.



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1 CHECKING CASH PROMOTION OFFER TERMS AND CONDITIONS

Eligibility:

Offer available for new USAA Classic Checking accounts from USAA Federal Savings Bank, also known as USAA Bank, applied for between January 15, 2025, and April 24, 2025, by 11:59 PM Central Time. The account is not eligible for this offer if: 1) the primary account holder currently has, or has had, primary, secondary, or any other ownership of a USAA Bank checking account (including USAA Youth Spending accounts) in the 12 months prior to account opening; or 2) the account is titled as a trust account, estate account, Uniform Transfers to Minors Act account, or any other representative or fiduciary account. The primary account holder is the account holder whose U.S. taxpayer identification number is used for tax reporting purposes on the new account. The account must remain open and in good standing through the time we attempt to deposit any earned bonus payment.

Bonus Requirements and Payment:

To qualify for the bonus, apply for a new USAA Classic Checking account between January 15, 2025, and April 24, 2025, by 11:59 PM Central Time, open your account, and receive a qualifying direct deposit of at least \$100 into the account within 180 calendar days after account opening. Note that your account open date may not be the same as your application date. A qualifying direct deposit is a single Automated Clearing House, also known as ACH, electronic deposit of \$100 or more. An electronic transfer initiated from your new USAA Bank checking account that instructs USAA Bank to pull funds from another financial institution into your account does not qualify as a direct deposit. Internal transfers between USAA Bank accounts do not qualify. We will attempt to deposit the \$200 bonus into your qualifying new USAA Classic Checking account within 60 calendar days after the first qualifying direct deposit amount has been received. You are responsible for any federal, state, or local taxes due on the bonus and we will report the bonus as income to the tax authorities if required by applicable law. Consult your tax advisor.

Additional Terms and Conditions:

All account applications are subject to approval prior to opening and may be subject to a \$25 minimum opening deposit. For USAA Classic Checking accounts with a daily ledger balance of \$1000 or more, the APY is 0.01%, accurate as of January 15, 2025. For current annual percentage yield or APY, refer to usaa.com/checking. Rates may change at any time. Fees may reduce earnings. Offer can't be paid without a valid U.S. taxpayer identification number or combined with any other offer related to checking accounts. This offer limited to one bonus per account, on first eligible account only. Offer cannot be reproduced, purchased, sold, transferred or traded. See the Depository Agreement and Disclosures for terms and conditions of your USAA Classic Checking account. Offer may be discontinued or changed at any time without notice.

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