

# THE FLEET & FAMILY SUPPORT CENTER



Naval Air Station Patuxent River  
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## FEBRUARY 2026 WORKSHOP & EVENT SCHEDULE

*Registration required please call or email FFSC. Classes are available to all with base access, unless otherwise noted.*

	FFSC CLASSROOM	
FEBRUARY 2	PRESEP (ACTIVE DUTY ONLY)	0900-1130
FEBRUARY 2	NEW SPOUSE ORIENTATION (Teams)	1100-1230
FEBRUARY 3	LET'S TALK FEDERAL EMPLOYMENT	0900-1100
FEBRUARY 3	EXCEPTIONAL FAMILY MEMBER PROGRAM (EFMP) 101	1100-1200
FEBRUARY 4	FAMILY ADVOCACY PROGRAM CURRICULUM	0800-1600
FEBRUARY 6	DEPLOYMENT SUPPORT	1000-1100
FEBRUARY 11	ANGER MANAGEMENT (Teams)	0900-1000
FEBRUARY 12	SPONSOR TRAINING (NTWL/Teams)	0900-1000
FEBRUARY 12	HEALTHY RELATIONSHIP COMMUNICATION FOR ADULTS (Teams)	1000-1130
FEBRUARY 12	SURVIVOR BENEFIT PLAN (SBP)	1400-1530
FEBRUARY 13	THE 5 LOVE LANGUAGES	1100-1200
FEBRUARY 16	FFSC CLOSED	0730-1630
FEBRUARY 17-20	OMBUDSMAN BASIC TRAINING (OBT) (Teams)	1700-2100
FEBRUARY 17	YOUR MONEY! YOUR RETIREMENT! (BRS & TSP) (Teams)	1400-1530
FEBRUARY 18	MIND BODY MENTAL FITNESS – STRESS RESILIENCE	0800-0900
FEBRUARY 19	OMBUDSMAN ASSEMBLY & ADVANCED TRAINING	TBD
FEBRUARY 20	EFFECTIVE COMMUNICATION	1200-1300
FEBRUARY 23	BUILDING HEALTHY RELATIONSHIPS (Teams)	1300-1400
FEBRUARY 25	EFFECTIVE PARENTING	0900-1000
FEBRUARY 25	SAPR CDO	1300-1400
FEBRUARY 26	DEVELOPING YOUR SPENDING PLAN	1400-1530

\*TAP Schedule is on [www.tapevents.mil](http://www.tapevents.mil). Please see Command Career Counselor for TAP Class Registration\*

**Note: Classes are subject to change. Please call for the most updated schedule.**