## THE FLEET & FAMILY SUPPORT CENTER



Naval Air Station Patuxent River 21993 Bundy Road, Building 2090 Patuxent River, MD 20670-1154 301-342-4911 naspaxffsc@us.navy.mil



## October 2025 WORKSHOP & EVENT SCHEDULE

Registration required please call or email FFSC. Classes are available to all with base access, unless otherwise noted.

	FFSC CLASSROOM	
OCTOBER 1	PRESEP (Active Duty Only)	0900-1130
OCTOBER 2	COMMAND CAREER COUNSELOR (CCC) MEETING & TRAINING (CCCs Only)	0930-1100
OCTOBER 2	AMY'S STORY & PANEL DISCUSSION – DOMESTIC VIOLENCE AWARENESS	1700-1900
OCTOBER 6	EFFECTIVE PARENTING	0900-1000
OCTOBER 7	OMBUDSMAN ASSEMBLY & ADVANCED TRAINING	1700-1930
OCTOBER 8	EFFECTIVE RESUMES	1000-1200
OCTOBER 8	HOME BUYING	1300-1430
OCTOBER 9	SMOOTH MOVE	1200-1300
OCTOBER 10	NEW SPOUSE ORIENTATION	1000-1100
OCTOBER 13	COLUMBUS DAY - FFSC CLOSED	0730-1630
OCTOBER 15	SPONSOR TRAINING	0900-1000
OCTOBER 15	SAPR ADMINISTRATIVE UVA TRAINING	1030-1230
OCTOBER 15	PREGNANCY & INFANT LOSS AWARENESS (Harper's Creek Boat Launch)	1100-1200
OCTOBER 15	SUICIDE PREVENTION COORDINATOR QUARTERLY MEETING (SPCs/ASPCs Only)	1300-1400
OCTOBER 17	KICK AGAINST DOMESTIC VIOLENCE – KICKBALL TOURNAMENT (Campos Field)	1000-1200
OCTOBER 20	EFFECTIVE COMMUNICATION	1100-1200
OCTOBER 22	HOW TO SURVIVE THE HOLIDAYS FINANCIALLY	1300-1430
OCTOBER 23	EXCEPTIONAL FAMILY MEMBER PROGRAM (EFMP) 101	1200-1300
OCTOBER 24	EFMP SENSORY FRIENDLY TRUNK OR TREAT (NEX Parking Lot)	1500-1600
OCTOBER 24	TRUNK OR TREAT WITH MWR (NEX Parking Lot)	1600-1800
OCTOBER 25	FAMILY WELLNESS DAY WITH GREENWELL FOUNDATION (Greenwell State Park)	0830-1300
OCTOBER 26	OUT OF DARKNESS COMMUNITY WALK WITH AMERICAN FOUNDATION FOR SUICIDE PREVENTION (Old State House Area in Historic St. Mary's City – Register at afsp.org/southernmd)	0900-1100
OCTOBER 28	MIND BODY MENTAL FITNESS – STRESS RESILIENCE (MyNavyFamily)	1300-1430
OCTOBER 30	PRESEP (Active Duty Only)	0900-1130
OCTOBER 30	SURVIVOR BENEFIT PLAN	1300-1430
OCTOBER 31	ONE LOVE WORKSHOP – DOMESTIC VIOLENCE AWARENESS	0800-1100

<sup>\*</sup>TAP Schedule is on www.tapevents.mils. Please see Command Career Counselor for TAP Class Registration\*

Note: Classes are subject to change. Please call for the most updated schedule.